



Position Description – Head Trainer

ACCREDITATION

- Minimum Certification
 - First Aid - Senior First Aid & Resuscitation Certificate
 - Level 1 Trainer Certification (issued by MASMA)

REQUIRED SKILLS & ATTRIBUTES

- Mature and responsible
- Competent and knowledgeable
- Sound knowledge of risk management and procedures
- Sound knowledge of injury prevention, care and management
- Sound knowledge of sports injuries and human anatomy
- Ability to remain calm when under pressure
- Knowledge of ambulance entrance areas
- Excellent verbal and written communication skills
- Ability to lead and work in a team environment
- Enthusiastic and caring nature
- Good working knowledge of club, AFL and AdFL's rules, regulations and by-laws regarding medical areas

EXPERIENCE

Minimum 3 years' experience as a sports trainer

DUTIES

1. Assess, diagnose, treat (e.g massage, strapping and mobility exercises) and refer injuries as necessary
2. Always represent the club in a professional manner
3. Ensure stretcher is in place
4. Ensure plenty of ice is available
5. Remain on ground throughout entire game(s)
6. Ordering and management of medical equipment
7. Supervise junior trainers
8. Liaise with Football Operations Manager to ensure you are on the relevant rosters

TIME REQUIRED

Trainings (Tuesday and Thursday evenings: 5:30pm – 7:30pm)

Game days: 9am – 5pm (Away games), 11am – 5pm (Home games)